

MINDJIBE

Newsletter of the Triangle Boardsailing Club

August, 2001

TBC Events Scheduled for 2001

Fall Trip: October 13-20

The **Fall Club Trip** is on! We will be renting Southern Retreat in Mirlo Beach again. Please note that the occupancy rules have changed for all realty companies due to Dare County septic regulations. For example, only two people are permitted per bedroom even if there are four bunk beds. Randy Dunn is trying to schedule a demo day during one weekend of the Club Trip.

Club Sail Day: August 25, 2001

The Club Sail Day is 10:00am until 2:00 pm at Lake Wheeler. The Club boards will be there fully rigged, so bring family. Club will provide hot dogs, etc. The Club has reserved a camp site. Check with Elizabeth Mack for details.

WELCOME NEW CLUB MEMBERS:

David Green
Eric Mullett

Jim Knoles
Sandra & William Judy

MindJibe attempts to publish six issues each year.

EDITOR-IN-CHIEF: John Rutledge

SENIOR CONTRIBUTING EDITOR: Mark Kernodle

PHOTOGRAPHY: ????????????????

CONTRIBUTORS: Charles Livaudais, Jonathan Phillips, Rich

Auerweck

July Swap Meet:

Please send contributions
to the editor at:

jbr@email.unc.edu.

Greetings from the New TBC President:

Hello TBCers! Hope every-one is finding some-thing to do during these dog days of summer. I'll be spending the next year trying to live up to the standard set by my pre-decessors, who have really brought some new vitality and organization into this club over the past few years. Any and all suggestions, comments and/or help will be welcomed!

My initial "agenda" for this year includes continuing to increase public awareness of wind-surfing in general, and the TBC in particular, in the Triangle; promotion of social sailing events such as club sailing days and races; and working with regional/national groups on issues such as water access and insurance.

I will also be happy to discuss with any member such issues as appropriate gear and rigging questions. Just call or email, bearing in mind that I, like all sailors, have my biases! Seriously, if there is anything I can do to make the learning curve easier, I will be glad to help if I can.

Pray for wind!

The second TBC swap meet of 2001 was held on July 21, hosted by Dave Marshall of Apex Wind-surfing. Dave welcomed everyone, then had to run off to teach his Windsurfing 101 class at Lake Wheeler. Mrs. Marshall remained to extend the fine hospitality for which Apex Windsurfing is re-nowned.

Turnout was typical for the July swap meet, about 30 folks over three hours. Business was unusually brisk. Two Equipes sold in the first hour. Danny Arnold sold his last two Sputniks, and is now funded to acquire a suitable race board so as to give "Dr. Invincible" Livaudais cause for reflection.

Newly past-president Tory Smith conducted a brief membership meeting where the new directors were elected by acclamation. Don Otte and son Jeffrey exhibited their new trailer which is, beyond any doubt, among the finest windsurfing trailers ever built. 100% solid stainless steel construction! Certainly a candidate for the US Windsurfing trailer beauty pageant.

As usual, there was plenty of unsold and/or untraded stock at the end of the meet. So if you missed out, look for the goods to show up on the TBC for sale page.

(<http://jollyroger.com/windsurf/tbc/forsale.html>) in the near future.

-- Mark Kernodle

Greetings from the new Editor.

MindJibe is one of the oldest windsurfing newsletters in the country. As editor I hope to continue the best traditions of *MindJibe*. Although lots of us in the TBC communicate with each other on the chat board, only a small percentage of the membership actually posts on the chat board. We still need a paper newsletter for some purposes. A paper newspaper also serves as advertising for the Club.

Other windsurfing clubs have moved to electronic editions of their newsletter and electronic newsletters have their place. But electronic editions are too easily ignored. A paper edition is just too handy and convenient to dispense with at this point. We already mount some longer articles on the TBC page and I'd like to see us continue this practice.

Please send contributions to the editor-in-chief either as plain text or as an attachment to email.

Encourage your friends and enemies to contribute to *MindJibe* as well. Pictures are always welcome.

A LESSON LEARNED: POWERED UP AND GOIN' NOWHERE

by Jonathan Phillips

About 3 months ago I sailed Charleston, SC--Sullivan's Island, to be exact. The ocean was all I had sailed for the first two years I learned, but I had never sailed a fast current. My logic had always been that since I'm not a displacement craft, the current would not affect me other than to slow me down. Conditions late that day turned out to be great. Sunny, steady 20-25mph wind, but a strong rip current because the tide was heading out. I launched my Mistral Ecstasy (8'6", low volume), and my father's Gaastra wave 5.0 that I had not sailed in about 5 years.

I had major problem though. I was powered up, but could not get the board to plane. On the way in to shore, I could fly across the water, but on the way out, the board was barely gaining enough speed to stay afloat. I tried heading downwind, upwind, adjusting the sail, etc.--nothing solved the problem. Like always, I blamed the equipment because it could not possibly be my fault.

Last weekend while I was driving to Charleston thinking about the previous

trip, it dawned on me what was happening. I can't judge speed so please bear with my example. When heading against the current, I was traveling a certain speed relative to the land/wind, let's say 15mph, and the water was flowing 10mph against me. Therefore, the board was doing 25mph over the water. Hence the feeling of extreme speed. However, when I was heading with the water flow, the board was doing 15mph relative to land/wind, but only going 5mph relative to the water. Not enough speed to plane/float my board. So I was powered up--and sinking!

Therefore, I conclude that the sail was not junk, my logic was. Now I understand why the rest of you get excited about a fast tidal current. It is not that it will push you out to the ocean, it is that it will not let you plane. Am I wrong again? Please post any comments or advice to chat board.

Sailing Lago di Garda

by Charles Livaudais

Ahh, Italy. A land of great natural beauty, wondrous architecture, and amazing food. Friendly and fashionable people, incredible history, incomparable art. But the heck with all that, you want to hear about what it's like to sail on Lake Garda.

Lake Garda is one of the most popular windsurfing destinations in all of Europe. It is a deep freshwater lake that runs north/south beneath several peaks of the southern Dolomites. Like almost all of Italy, the scenery is spectacular. Imagine a sailing site ringed with snow-capped mountains, 16th century buildings, crumbling castles, olive groves and vineyards—that's Garda. The area was popularized by a 19th century German and is still a favorite destination for athletic Germans (a phrase which perhaps is redundant). You will hear more Deutsch than Italiano spoken in the towns around Garda. We saw and heard a fair number of Brits as well, but you won't find many Americans.

Jean and I were lucky enough to spend a few days in Riva del Garda, one of several picturesque towns surrounding the Lake. Riva sits in the northwest corner of Garda, while Torbole, the windsurfing center, is about 10 minutes away in the northeast corner. The whole area is laden with tourists, but Riva is a bit quieter and more scenic than Torbole. Our hotel faced the water and resided on the main piazza (town square), with a 16th century campanile (bell tower) a stone's throw away. The bells stopped their pealing at midnight; the Germans, however, did not. One night we were awakened around 4 a.m. by the wacky antics of Katrine, who whooped and hollered (yes, one can whoop and holler auf Deutsch) on the piazza with her buds before a final shriek and splash confirmed that she had fallen, with commendably sobering effect, into the Lake.

Garda is an interesting place to sail. On clear, sunny days in late spring and summer the wind literally falls down the mountains heading south from about 7 to 10a.m.; the wind takes a mid-day siesta, and then from around 2 to 5 p.m. rushes north back up the mountains. All of the windsurfing

takes place in the northern (and windiest) portion of the Lake, which means that the wind is offshore in the morning and

onshore in the afternoon. Some of the windsurfing vendors were located about a half-mile south of Torbole, which allowed sailors at those locations to enjoy side-shore winds. In hindsight, that would have been preferable to the pure offshore/onshore winds that most of the rental sites in Torbole offered.

The pros riding these boards seemed to sail at right angles to everyone else.

We drove to Torbole and rented from a site that carried Fanatic boards and Gaastra sails. The mountain water is cold, so renting wetsuits (yuck!) was also a must. The gear at our rental site was only a month old, and was in superb condition. The prices were reasonable: about \$30 for the afternoon, with the ability to swap gear as often as you like. Jean sailed on a Fanatic Bee 124 and Gaastra GTR (camless) 6.5. I sailed a Bee 124/GTR 7.5 combo at first, and switched to a Fanatic Cross 100/GTR 6.5 as the wind increased.

The shoreline at Garda is rocky, and the water gets deep within a foot of shore. Good beachstarting skills are a must as one faces onshore chop, sloping bottom, and dozens of sailors competing for a relatively small space on the beach. Good upwind ability is also required of board and sailor, since the cross-chop and struggling sailors near shore make for an unpleasant sailing venue. Again, those sailors farther south did not have to deal with this situation. Once sailing and away from the shoreline, one must keep a constant vigil for other sailors. The

Lake was thick with windsurfers for at least half a mile. The winds were somewhat gusty (but nothing like Jordan!) and happily increased throughout the day. The north end of Garda is quite choppy in the afternoon, and chop hopping opportunities abound.

I was hoping to see some "King of the Lake" quality freestyle sailors, but none were sailing that day. However, we did see some pro racers testing their Formula gear. Monstrous stuff: 10.0 YES and Gaastra sails; 70cm Deboichet fins, 100cm wide Exocet and F2 boards. The boards were interesting: the F2 had both a diamond tail and AVS flap (why both??), while the Exocet went further with a diamond/step tail, AVS flap, and step sides! The pros riding these boards seemed to sail at right angles to everyone else. Their upwind/downwind ability was a sight to behold—it was also a nice way for them to escape the crowds near shore. And to think that a 10.0 is now a Formula racer's "small" sail....

All in all, the sailing at Garda was pretty good but

The Lake looked dead flat in the morning, but Jean and I were too lazy to catch an a.m. session. However, the sight of scores of sailors tearing along while we ate breakfast motivated us to catch the afternoon winds.

not great. Given that windsurfing is so much more popular in Europe than here in the U.S., I'm a bit surprised that Garda is considered one of the best sites in Europe. Frankly, we have several better sailing sites (albeit less scenic) here in NC: Hatteras, the North End, Harker's Island, Lake Jordan (kidding—just making sure you were still with me!). Then again, after sailing at Garda we drove through miles of olive groves to an ancient castle in the mountains. There, amid the haunted ruins of the region's

former defense post, we gazed down at the groves, towns and finally the Lake itself. Above us loomed even higher mountain peaks, no doubt with the ruins of other ancient dwellings still perched upon them. With each breath

we drank in the beauty, the history, and the aura of this amazing place (and don't get me started on Tuscany, Florence or Rome!). Windsurfing is not the primary motivation for a visit to Italy, but even this die-hard

windsurfer was overwhelmed by the experience.

The Windsurfing Guru

It was late afternoon in windsurfing paradise. The golden orb of the sun ignited a kaleidoscopic display of brilliant pinks and blues in the western sky as it sank slowly but inexorably into the sea. The Windsurfing Guru always regarded this as Nature's nod of approval to another perfect day. Basking in the afterglow of windsurfing, he entertained questions from a varied crowd.

STUDENT: Maestro, why can't I find any good windsurfing art? Are there any good paintings, prints, or sculpture? I'm sure it doesn't exist.

GURU: Repeat this phrase 100 times: "I will not over-generalize." Many good things may exist, but you just haven't found them yet. Windsurfing art tends to be local. You'll have to travel to find good things. Go in search of the perfect baseball novel. There also will you find good windsurfing art.

The Michaelangelo of windsurfing will probably be a photographer. Some of the "hot shots" you see are both technically demanding and quite artistic in their effect. Even windsurfing advertising can be very artistic. There is a nice print by _____ that shows a windsurfer morphing into a bird.

Also, as a gear-minded windsurfer, you are no doubt wearing conceptual blinders. Your attention is focussed on the precise size and shape, outline, design, and utility of equipment. An artistic, or non-literal, take on these would probably strike you as unrealistic or silly.

STUDENT: Guru, what is your teaching as to drinking alcohol and windsurfing? Surely one beer can't hurt. Do beer and windsurfing mix?

GURU: The samurai code, the Bushido (the "Way of the Warrior") makes it clear. The warrior does not pollute his body. My personal practice is not to drink before or during a session. I don't drink and jibe.

On this topic, however, the Guru does not wish to be prescriptive. Individual reactions to alcohol vary, some sailors feel less effect than others. You must find your own way.

NON-SAILOR: Sir, or "Guru," if that is what you wish to be called, clearly the world is full of misery. How can you justify a life of self-indulgence? You fritter your time away in a silly hobby when you could be feeding the poor, organizing the downtrodden, liberating the oppressed, or healing the halt and lame.

GURU: I owe you no answer to that question, but nevertheless I have one. Like everyone else, a guru works with the talent he has. I had not the skills required to become a doctor; nor am I a generous or gregarious person by nature; my political instincts and insights are slight to non-existent. But, believe it or not, I actually do some charity work. I sit here for several minutes a day answering dumb and even insulting questions when I could be sailing!

NB: The new editor is respecting the Guru's wish to remain anonymous.

Check out the TBC webpage at: <http://www.jollyroger.com/windsurf/>

Answer from Auerweck's first Wind Addiction puzzle (February, 2001).

Clue #1: "Uncharted" desert isle
 Clue #2: Bump & Jump
 Clue #3: Solves all your problems
 Clue #4: Wiiiiipeout!

Clue #5: Hanging by a thread
 Clue #6: No-cam "pioneer"
 Answers: > Aruba > Chop-Hop > Downhaul > Catapult >
 Harness > Sailworks > > Final clue: > What windsurfing
 dreams are made of > > WHITECAPS!! >

New TBC Board:

President:	Charles Livaudais	livaudais@mindspring.com	(919) 462-8310
Vice-President:	Dana Thalheimer	danat@u.ibm.com	(919) 387-9545
Secretary:	Randy Dunn	Randydunn@yahoo.com	(919) 467-9876
Treasurer:	Jonathan Phillips	Jonathan_Phillips@ncsu.edu	919 858-8635

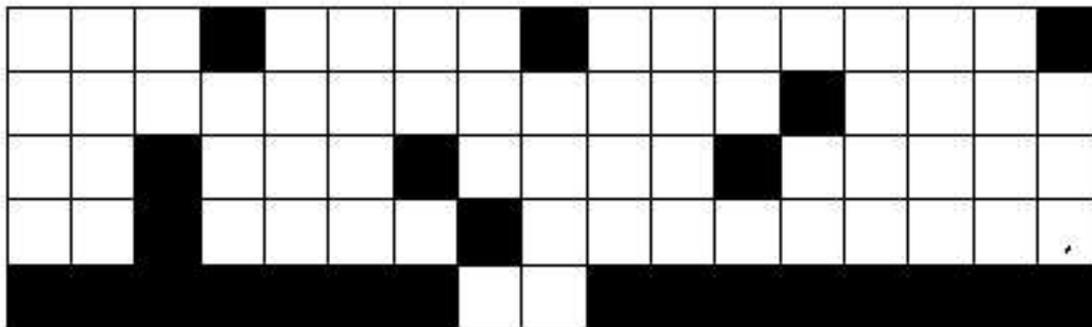
At-large Directors:

Elizabeth Mack	Lizmack@hotmail.com	(919) 676-9547
Debbie Hage	dehage@mindspring.com	(919) 233-1726
Tory Smith	Torys1234@aol.com	(919) 852-4030
Rich Auerweck	Rauerweck@msn.com	(919) 854-9495

The TBC Board takes care of the Cliub's business, deals with problems and issues that arise during their term of office, and occasionally meets to drink hopsy beverages.

"Most Popular Spot": Puzzle by Rich Auerweck

Note: this is *not* a crossword puzzle, it is a "fallen phrase" puzzle. Simply arrange the letters to create a sentence which answer the question, What is the most popular windsurfing spot in NC. Use the boxes as a guide. All words are horizontal and are in order. Use each available letter once.



T I U P R C I T O A O
 W N D A O E T H P O P C R A S
 O H N C M E U E A A T G U S A R T
 I S E T H S S N F S N T E L P S T